



Provided a **hot, nutritious meal** every night in 2022.

Opened doors to  
**15-40**  
youth each night

Connected with  
**417**  
unique guests

27% NEW guests, with 13%  
under 18 years old.

Provided  
**18,142**  
meals

Healthy, volunteer-led  
meals to hungry youth.

Distributed  
**23,517**  
lbs of food

Leveraged over  
**\$810,000**  
in donations

of food, basic needs items, and  
related in-kind contributions.

Provided  
**472**  
referrals

SMART Partner\* provider referrals, and one-on-one  
support coordination for youth including mailing address,  
state ID, employment, healthcare, and housing.

Outreach offered  
**6,813**  
touchpoints

throughout 2022 for basic  
needs and information.

Partnered with **3,738** volunteers  
who donated **11,000+** hours of labor  
worth **\$319,134**

from various communities, corporate, civic and faith groups who engaged in  
meal programs, kitchen support, Advocate, Ally, service teams, project support,  
administration, technical support and finance and health/wellness roles.

\*Teen Feed defines a SMART partner as a relationship that is Specific, Measurable, Achievable, Relevant, and Timely in serving our community's needs.  
We establish these yearly to prevent redundancy in our service partnerships, or disrespect to our youth-led initiatives.



## Summary

- In 2022, youth outreach and volunteer service numbers increased to greater than before the pandemic.
- Inter-agency navigation sky-rocketed with partner cross training, deeper communication with thought leaders, and crisis planning.
- We cross-refer with 43 other nonprofit organizations in the Puget Sound area. From 2019 until now, we have experienced a high percentage of youth who have post pandemic trauma and unmet medical needs due to generally limited access to care.
- Nine on-the-ground partners, including Teen Feed, comprise the University of Washington Doorway Project and provide acute 24/7 services to the unstably housed youth who hide in plain sight in the U District.
- Relationships with our youth are, simply put, more intense than ever before. One meal at Teen Feed starts a chain of support to include obtaining identification, developing job skills, accessing educational resources, temporary and permanent housing, and healthcare.

## Testimonials

"Teen Feed was my only refuge during the darkest times. They are strong and consistent. It makes me feel safe. Even if I was messing up, I knew there was a place to come when I was ready to get it together. I love them. They are family..."

– Teshan, age 19

"Teen Feed helps me take care of myself. They don't do it for you. They help you find the place in yourself that you're proud of. Nobody else does that."

– Mara, age 21

"They don't care where you have been. They care what you can be."

– Adrian, age 17